

## **CODE OF CONDUCT - PARENTS**

**The following is based on the Sport Council's Code for Parents, which the Club fully endorses.**

Remember, children are involved in sport for their enjoyment and achievements, not yours.

Be realistic about your child's abilities. Do not over expect. Much harm can be done when children consistently fall short of their parent's expectations. Teach your child that honest effort is as important as victory so that the result of each race is accepted without undue disappointment. A Personal Best (PB) can be as big an achievement as a gold medal.

Turn defeat into victory by helping your child to learn from the experience and work towards improvement and good sportsmanship. Never ridicule or yell at your child or any other team member for making a mistake or losing a race. In particular, be positive and do not show disappointment. Remember that children learn best by example. Applaud good performances by other swimmers in the Club and from other clubs.

Do not publicly question coaching staff or official's judgement and never their honesty. Encourage your children to show the same courtesy.

Recognise the value and importance of volunteer coaches. Do not undermine them. They give their time and resources to provide recreational activity for your child.

Be helpful to your child and do not coach him/her. A little knowledge can be dangerous. The coaches are there to do the coaching and selecting and have been doing so for a number of years. If you think there is a major problem, arrange to speak with the coach first.

As a parent, the Club expects you to STOP any club member who is seen to be disobeying Club rules or endangering themselves or others by their actions.