

COACHES REPORT – SEPT / OCT 2008

SEPTEMBER SAW CASA A ANND B COMPETE IN THE LINCS JUNIOR LEAGUE FINAL AT YARBOROUGH. LAST YEAR WE FINISHED IN 2ND PLACE, 40 POINTS BEHIND LINCOLN VULCANS. OUR AIM THIS YEAR WAS TO SIGNIFICANTLY CLOSE THAT DEFICIT. ON THE NIGHT THERE WAS AN ELECTRIC ATMOSPHERE AND GREAT SUPPORT FROM PARENTS AND OLDER CLUB MEMBERS ALIKE. AS THE GALA PROGRESSED IT WAS BECOMING APPARENT THAT NOT ONLY WERE WE GOING TO CLOSE THE GAP, WE WERE GOING TO BEAT VULCANS. WE WENT INTO THE LEAD AFTER 18 EVENTS AND NEVER LOST THE LEAD AFTER THAT. WE FINALLY WON BY 12 POINTS. THIS IS THE FIRST TIME VULCANS HAVE BEEN BEATEN IN THE LEAGUE IN 10 YEARS AND THE FIRST TIME THE TROPHY HAS LEFT LINCOLN IN THE 27 YEARS THE LEAGUE HAS BEEN RUNNING. ALL SWIMMERS GAVE 100 % ON THE NIGHT WITH A SIGNIFICANT NUMBER OF PB'S. THE B TEAM PLAYED AN IMPORTANT ROLE IN THE GALA, TAKING POINTS FROM VULCANS. IT SHOULD ALSO BE NOTED THAT SUCH IS CASA'S DEPTH, WE CAN HAVE AN A AND B TEAM IN THE FINAL. SOMETHING THE OTHER CLUBS CANNOT DO. THIS VICTORY MEANT THAT CASA WOULD REPRISENT LINCOLNSHIRE AT THIS YEARS NORTHERN INTER-LEAGUE FINAL AT LIVERPOOL.

SATURDAY 27TH SEPTEMBER SAW ANCHOR TRAVEL TO ROSSINGTON FOR THE FINAL ROUND OF THE BARNSLY LEAGUE. WE PUT IN A STRONG PERFORMANCE, GAINING LOTS OF PB'S AND EVENTUALLY WON BY A LARGE MARGIN. THIS MEANT THAT THE TEAM WAS PROMOTED INTO THE NEXT DIVISION. THE BARNSLY LEAGUE IS VERY IMPORTANT TO THE CLUB AS IT ENABLES THE YOUNGER MEMBERS TO GAIN VALUABLE GALA EXPERIENCE AND GIVES THE OLDER MEMBERS AN OPPORTUNITY TO REPRESENT THE CLUB. I WOULD ALSO LIKE TO THANK ALL THE PEOPLE WHO HAVE HELPED RUN THE LEAGUE THIS YEAR.

SUNDAY 5TH OCTOBER SAW THE CASA TEAM TRAVEL TO LIVERPOOL FOR THE NORTHERN FINAL. THE TEAM WAS SLIGHTLY DIFFERENT TO THE ONE THAT BEAT VULCANS AS THE AGE ON DAY RULE MEANT SOME SWIMMERS MOVED UP AN AGE AND SOME SWIMMERS MOVED OUT ALTOGETHER. WE WERE UPAGAINST SERIOUS COMPETITION WITH TEAMS FROM CITY OF LIVERPOOL, CITY OF NEWCASTLE, SOUTHPORT, LIECESTER AND KIRLEES. ALL OF WHICH WERE MUCH BIGGER THAN CASA. AFTER A NOISY PARADE, THE GALA BEGAN AND IT WAS APPARENT AFTER THE 1ST 2 RELAYS WE WERE GOING TO HAVE A TOUGH AFTERNOON. WE EVENTUALLY FINISHED IN 6TH PLACE WITH OUR SWIMMERS GIVING THEIR ALL. ONCE AGAIN THERE WERE SOME GREAT PB'S AND I WAS EXTREMELY PROUD OF ALL INVOLVED.

WHEN WE STARTED CASA, NATHAN AND I PUT TOGETHER A 3 YEAR PLAN. WE HOPED TO GET TO THE NORTHERN FINAL BY YEAR 3. WE HAVE ACHIEVED THIS 1 YEAR EARLY. NEXT YEAR, WE MUST BUILD ON THIS SUCCESS AND AIM TO FINISH HIGHER IN THE NORTHERN FINAL.

I AM ENCOURAGED BY THE NUMBERS OF SWIMMERS WHO ARE REGULARLY ATTENDING TRAINING AND MOST SESSIONS ARE RUNNING AT CAPACITY. WE

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MUST TAKE EVERY OPPORTUNITY TO PROMOTE THE CLUB TO ENSURE THAT OUR MEMBERSHIP REMAINS AT THIS LEVEL.

DAVE LEEMAN – HEAD COACH – OCT 08