

Junior all-stars

SWIMMING

PRESS ASSOCIATION Training

JUNIOR ATHLETICS



STAR OF THE SHOW: Alice Kaye won gold in the 200m and bronze in the 100m.

Young pair steal show in Sheffield

SCUNTHORPE and District AC's youngsters came away with a host of medals from one of the biggest open meetings in the area, the Sheffield Festival of Athletics.

Leading the way were two sprinters, with both Stephanie O'Connor in the under-15 girls and Alice Kaye in the under-17 girls both winning bronze medals in the 100m, before both winning gold in their favoured 200m.

For Alice it was to prove a welcome return to form and her 200m time saw her better the English schools qualifying mark.

Also in the medals were Anthony Gillatt and Andrew Harmes in the under-15 boys.

Anthony claimed second in the shot putt and third in the long jump, while Andrew put over five metres on his javelin best to claim third place.

RESULTS

- U/13 GIRLS SHOT PUTT: 4 Georgia Bones, 4.89m.
- U/15 GIRLS 100m: 3 Stephanie O'Connor, 13.42s; 9 Ellie Standerline, 14.46s.
- U/15 GIRLS 200m: 1 Stephanie O'Connor, 27.19s.
- U/15 GIRLS LONG JUMP: 6 Ellie Standerline, 4.24m.
- U/17 GIRLS SHOT PUTT: 7 Elicia Bones, 7.66m.
- U/17 GIRLS 100m: 3 Alice Kaye 100m, 13.15s
- U/17 GIRLS 200m: 1 Alice Kaye, 25.94s; 5 Georgina O'Connor, 28.07; 8 Freya Bradshaw, 29.20s.
- U/17 GIRLS 1500m: 8 Laura Kaye, 5mins 31.76s.
- U/13 BOYS 100m: 5 Leo Adamson, 14.69s.
- U/13 BOYS LONG JUMP: 4 Leo Adamson, 3.79m.
- U/15 BOYS LONG JUMP: 7 Andrew Harmes, 3.78m, 3 Anthony Gillatt, 4.41m.
- U/15 BOYS JAVELIN: 3 Andrew Harmes, 19.93s.
- U/15 BOYS SHOT PUTT: 2 Anthony Gillatt, 7.31m.
- U/15 BOYS 100m: 9 Anthony Gillatt, 15.29s.

QUIZ TIME

- 1 Football - Which three sides have been relegated from the Premier League?
- 2 Snooker - Who has reached the World Snooker Championships final this year?
- 3 Tennis - Who won the Masters event, held in Rome?
- 4 Football - Which side were relegated from the Championship on the final day of the regular season?
- 5 Athletics - Which city will host the 2014 European Championships?
- 6 Rugby Union - Which two sides will battle it out in the final of the Heineken Cup?
- 7 Football - Who scored Scunthorpe United's equaliser in the 2-2 draw with Nottingham Forest?
- 8 Formula One - In which city will the next Grand Prix be held?
- 9 Cricket - Who do England play today in the ICC World Twenty20?
- 10 Football - How many league goals has Frank Lampard scored this season?

Answers - see page 24



PERFECT 10: Some of the competitors from Scunthorpe Anchor swimming club who made it into the top 10 of their disciplines at the recent Yorkshire Counties event. Pictures: Carl Gac.

Big medal haul is just reward for swimmers

A HUGE medal haul was just reward for Scunthorpe Anchor swimmers after their trip to Ponds Forge for the annual Yorkshire Age Group County Championships.

With 18 members in attendance, the combined CASA (Cleethorpes and Scunthorpe Aquatics) squad achieved 27 top 10 finishes, eight gold medals, three silvers and three bronze.

Both Josh Jones and Kieran Skinner made the final in the 200m backstroke, while a second final for Skinner came in the 100m fly, earning him a bronze medal and a new club record.

Bryony Bower, Becci Foster, Holly Williams, Melanie Calder, Molly Newton and Caitlin Bower all

Swimming

achieved personal bests in the 400m freestyle, with new club records awarded to Newton and Caitlin Bower.

The afternoon saw the boys swimming the same event, with Scott Zimmerman and Sven Schygiol making their debuts in a 50m pool, the former finishing fourth in his age group.

Jack Newton and Michael Trueman also swam the race well, Trueman knocking a massive 25 seconds off his previous time.

The next morning there was massive improvement in the girls 200m backstroke from Bryony Bower, Caitlin Bower, Williams,

Calder and Newton, with Calder earning herself a new club record.

Jones and Skinner were swimming their way to more finals - this time in the 100m and 200m breaststroke, with Jones claiming club records in both.

Amy Baker travelled to Sheffield for just the one event, the 200m backstroke, but it was worth the journey as she gained a five-second improvement on her personal best and a new club record.

The final event of the first weekend saw further club records fall in the 800m freestyle, courtesy of Williams, Jones, Caitlin Bower and Molly Newton.

The following weekend, 13 swimmers journeyed to the John Charles Aquatics Centre, in Leeds, to compete.

Jack Newton earned a national qualifying time in the 200m fly final.

Sisters Caitlin and Bryony Bower both made the final of the 200m breaststroke, with personal bests for each and yet another club record falling to Caitlin.

Nathan East, competing alongside team-mate Jack Cowling, took part in the 200m backstroke and secured a counties pennant after finishing ninth, slashing his PB along the way.

Cowling's time of 3 minutes 3.28 seconds was another PB, both claiming club records on top of that.

Foster knocked nearly 20 seconds off her 400m time, with team-mate Williams following her prominent lead the following day with two strong races in the 200m fly and 1500m freestyle, earning her two seventh places and new club records to add to her tally.

Focus then turned to Ponds Forge

once again the following weekend, and the 50m sprints and team relay events.

Twenty-one swimmers qualified for the event, with Zimmerman qualifying for three out of four events.

That resulted in a silver medal in the 50m fly, and bronze in the 50m freestyle.

Skinner also gained a place in two finals, the butterfly and backstroke, thanks to PBs.

Lauren Gwynne had one of the best swims of the weekend in her 50m fly heat, reaching the final and achieving a three second improvement from the heat.

William East, Travis Johnson, Ben Cantrill, Finley Fox and Nahum Kloss took part in the backstroke with some new PBs between them.

The girls then took to the water for the same event - Bryony Bower, Hannah Mayall, Molly Newton, Williams, Calder and Caitlin Bower showing improvement, with Williams, Calder and Caitlin Bower adding to the club records tally.

The final individual events saw a massive 23 club records falling, with 114 individual medals and pennants handed out.

The team relay events saw some top displays, as the girls's 15/16-year-old team of Jasmin Kirk, Rhiannon Haber, Lauren York and Ashleigh Fletcher swam to a bronze in the freestyle relay.

The 9/10-year-old boys quartet of Johnson, East, Zimmerman and Sam Legge made the final in both the freestyle and medley event, finishing in second and fourth.

The 11/12-year-old foursome of Caitlin Bower, Lauren Callaghan, Williams and Maisie Legge came eighth in their final.



MAKING A SPLASH: Finley Fox took part in the backstroke event, putting in a solid performance at Ponds Forge, Sheffield.

CMYK