

Junior all-stars

SWIMMING

PRESS ASSOCIATION Training

SUCCESS: Scunthorpe Anchor swimmers brought a collection of medals back from an open meeting at Sheffield.



Sister act sees Bower girls bag medal haul

SCUNTHORPE Anchor Swimming Club took 26 swimmers to Ponds Forge, Sheffield, to take part in an open meeting hosted by Rotherham Metro and returned with a big haul of medals.

The meeting is always a hugely popular one because it allows swimmers to take part in 50, 100 and 200 metres of all four strokes.

Competing as part of Cleethorpe and Scunthorpe Aquatics Club (CASA), Amy Baker took part in four events and had a clean sweep of personal bests, knocking an incredible eight seconds off her 200m backstroke time.

Sisters Caitlin and Bryony Bower took home three medals between them, with Caitlin finishing third in the 200m breaststroke and second in the gruelling 200m fly.

Bryony added to the collection with the 100m backstroke after a fantastic swim which also saw her gain a five second PB.

Melanie Calder showed what a great addition she is to the team after earning herself four medals, including in the 100m and 200m fly events.

Ellie Taylor had some great swims, especially in the 100m freestyle, in which she knocked over 10 seconds off her previous time.

Megan Fletcher took part in the event for the first time and came

Swimming

away with four medals, with golds in the 50m and 100m back-crawl.

Jack Cowling and Nathan East showed off their skills with their number one stroke, the backstroke.

Jack earned an A grade gold medal and Nathan a speeding ticket, which is a fantastic achievement as it means he swam faster than the designated cut off time for the event.

Nathan also achieved a bronze medal in the 200m backstroke.

Eleven-year-old swimmers Jack Newton and Finley Fox swam together in the 100m fly, in which they both achieved gold medals, Jack an A grade gold with a time of 1.21.38 and Finley 1.30.89.

Jack also went on to achieve three further medals in breast, free and another fly event.

Adam Vaughan gained a bronze in the 50m free and only missed out on gold by 0.15 seconds, which shows how close the 50m swims are.

Rhiannon Haber achieved two new PBs in the 100m fly and 100m breaststroke.

Ryan Johnson, Charles and Edward Kenny, Nahum Kloss and Sven Schygiol, all 11-year-old swimmers at the club, also had some great swims, with twins Charles and Edward competing in a 50 metre pool for the first time.

Lauren and Yasmin Callaghan

proved how their hard work in training is paying off, with four medals between them, one a gold for Lauren in the 50m back-crawl.

Michael Trueman also showed some massive improvements with six new PBs, knocking nearly eight seconds off his free events.

Becci Foster and Molly Newton, who regularly push each other in training, showed their strength in the 200m freestyle, earning silver and bronze medals. There was also a further bronze for Becci in the 50m backstroke.

A special mention also goes to Becci for achieving 10 PBs from 11 events, some massive improvements since only October.

Hannah Mayall and Francis Moir can also be pleased with their

performances as both achieved great PBs.

Holly Williams continued her successes with the fly events. After firstly achieving a new PB in the 50m event, she then went on to the hardest event, 200m fly, and achieved a fantastic time and a silver medal.

Scunthorpe swimmers must practice the fly stroke a lot as 13-year-old Kieran Skinner achieved a speeding ticket in the 50m, followed by gold in both the 100m and 200m events.

Kieran added to these medals with second in the 50m breaststroke and bronze in the 50m and 100m freestyle event.

Overall CASA finished in fourth position.



SILVERWARE: Scunthorpe Anchor's Caitlin Bower finished with a silver and a bronze medal from the meeting at Ponds Forge.

RUGBY UNION

Greens give out a lesson to Grimsby

Scunthorpe RUFC Under-eights

GRIMSBY were the visitors at Heslam Park this week, with the under-eight side taking advantage of the under-10 match being cancelled to play on a bigger pitch.

Scunthorpe started strongly and scored two tries in the first two minutes, exploiting the gaping holes in the disorganised Grimsby defence.

Edward Lundy epitomised the superior support play and passing game for the Greens, playing like an open-side flanker, constantly supporting the runners and resulting in him grabbing a well deserved first-half hat-trick.

Scunthorpe started the second half 6-1 ahead and with a completely new team thanks to a 16-strong squad.

However Grimsby rallied and fought back with some strong individual running of their own.

If it hadn't been for some outstanding last-ditch try-saving tackles from Rhys Mills the score could have been much different, but Scunthorpe still won by eight tries to five.

In the second game Grimsby improved markedly and Scunthorpe had to rise their game to match, which they did.

Direct running from Theo Hicks earned him a brace of tries and the Greens put in some destructive defensive work.

Scunthorpe changed players at half-time again, leading by six tries to two.

The home side continued to show their attacking flair though and won the game eleven tries to five.

Vannet on target

Scunthorpe U/15s 64 Rotherham Clifton U/15s 0

SCUNTHORPE Under-15s claimed another big win with a 64-0 result against a very disappointing Rotherham Clifton outfit.

The Greens took a little while to settle, but with seven minutes gone, a clearing kick from Rotherham fell perfectly to Danny Vannet, who burst through then kicked into the corner for Ben Chorlton to touch down for the first try.

Rotherham didn't learn their lesson and six minutes later an almost identical kick went to Vannet again. This time he fed Danny Bourmes to score, Vannet adding the extras.

A couple of minutes later came the highlight of the match. Rotherham managed to get some possession and threatened Scunthorpe's line, only for the Greens' number eight to pick up a loose ball and race forward to the halfway line, chased by desperate defenders.

Just as he looked as if he was being overhauled, he got away an excellent inside pass to the supporting Bourmes, who went in under the posts for a remarkable score.

Vannet converted to make it 19-0. Chorlton and Sam Black added two more tries before the break for a 31-0 lead.

Further tries from James Fothergill, Stow, Dale Williams, Bourmes - with his third - and William Loft all scored to compound Rotherham's misery. Vannet finishing with a personal tally of seven kicks out of 10.



TACKLE: Scunthorpe's Patrick Mason (right) gets in the way of a Rotherham player.